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### ~~The Pregnancy Journal A Day~~

Gigi Hadid is opening up about the realities of pregnancy and motherhood, explaining that, like everything else, there are

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ups and downs. In her August 2021 cover story for Harper's Bazaar, Gigi ...

## ~~Gigi Hadid Opened Up About Anxiety During Pregnancy~~

"During my pregnancy, I had one journal that I called my good journal ... for Khai," she explains. "Maybe one day I'll give her the bad journal just to be real about it." Hadid adds that the ...

## ~~Gigi Hadid Explains Why She Kept Separate Journals for the 'Good' and 'Bad' During Her Pregnancy~~

If I wind up having kids one day, I'm taking a page out of Gigi Hadid's book and copying her genius pregnancy journal idea. In an interview with Harper's Bazaar for the magazine's August cover ...

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~~Catch Me Copying Gigi Hadid's Cathartic Pregnancy Journal Idea If I Have Kids~~

Researchers at Karolinska Institutet in Sweden have developed a detailed molecular atlas of the fetal development of the brain.

~~Researchers create detailed molecular atlas of fetal development of the brain~~

The 26-year-old model opened up about how she kept a good journal and a bad journal which she thinks she might give to her daughter Khai one day.

~~Gigi Hadid talks about anxiety issues during pregnancy~~

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In the words of musical poet James Taylor, it's important to "shower the people you love with love." Last weekend, my niece, Alexis, was showered with love from friends and family. Because my sister ...

~~A TAYLOR-MADE LIFE: Shower the people you love with love~~

Research has found 'troubling trends' in the lifestyles of UK-based women who want to conceive while continuing to smoke, drink and not eat enough fruit and vegetables.

~~Half of women trying for a baby drink alcohol: 'Troubling trend' as study reveals large numbers planning for pregnancy down booze, don't exercise enough and don't eat good ...~~

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~~First of its kind study published on the positive health economic impact of overcoming blood shortages~~

"When this pregnancy started, I was like, 'You're going to do yoga and eat flaxseed. You're going to use essential oils and hypnobirth and meditate and f\*cking journal every single day,'" the 26 ...

~~Halsey on Letting Go of the Expectations She Had For Pregnancy: "I Didn't Take My Prenatals"~~

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Researchers at Karolinska Institutet in Sweden have developed a detailed molecular atlas of the fetal development of the brain. The study published ...

~~Fetal development of the brain identified down to the smallest detail~~

These are the symptoms commonly referred to as morning sickness, though this term is “misleading” as symptoms in

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the vast majority of women last all day ... of pregnancy. The American Journal ...

## Psychology Today

COVID-19 restrictions prevented my sons, 5 and 7, from seeing their baby sister in the hospital after she was born last February. They finally met her after they came home from school. Both used hand ...

## ~~Opinion/MacDonell-Yilmaz: Why I got the COVID-19 vaccine while pregnant~~

In a paper recently published in the Nature journal Scientific Reports ... COVID-19 prognosis to be attained in pregnant women. Pregnancy has an impact on the cardio-pulmonary



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~~What are predictive biomarkers of COVID-19 disease severity in pregnant women?~~

Water needs increase during pregnancy to support fetal development ... The work appears in the European Journal of Nutrition. In the study, 14 women received standardized prenatal care, while ...

~~Hydration can impact pregnancy and birth outcomes~~

On her pregnancy anxieties ... for Khai. Maybe one day I'll give her the bad journal just to be real about it." Talking about what was inside the bad journal, she said: "Anxieties and days ...

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