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The Productivity Project: Accomplishing More by Managing ...

1. Productivity = The Management of Time, Attention, and Energy. The full title of Chris ' book is The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy – and the subtitle communicates Chris ' big, huge idea quite clearly. Put simply, productivity is product of managing your: Time; Attention; Energy

5 Lessons I Learned from "The Productivity Project" by ...

Productivity is how well you manage your time, attention, and energy. The Productivity Project reveals the absolute best ways to manage all three. — — — The Productivity Project is also available as an audiobook (US/Canada; International), and in Complex Mandarin and Korean translations. It is currently being translated into Simplified Mandarin, Japanese, Russian, Portuguese, Thai, and Polish.

The Productivity Project | A Life of Productivity

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The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy A fresh, personal, and entertaining exploration of a topic that concerns all of us: how to be more productive at work and in every facet of our lives. Chris Bailey turned down lucrative job offers to pursue a lifelong dream—to spend a year performing a deep dive experiment into the pursuit of ...

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“ Procrastination gets in the way of accomplishing more since it is, in its simplest form, a gap between your intention and action. ”

Chris Bailey, The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy

The Productivity Project Quotes by Chris Bailey

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The Productivity Project--and the lessons Chris learned--are the result of that year-long journey. Among the counterintuitive insights Chris Bailey will teach you: - slowing down to work more deliberately; - shrinking or eliminating the unimportant; - the rule of three; - striving for imperfection; - scheduling less time for important tasks;

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