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exercise videos, and if you want to spend more, the latest version of the Wii Fit, Nintendo's fitness video game. The government recommends that adults get at least 2½ hours of moderate-intensity ...

Get in shape on the cheap

With the overabundance of fitness games available on the Wii, you should have a good idea on whether or not Active Life Explorer can hold your interest. Even fans of the genre should still be ...

Preview: Active Life Explorer

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links in this article. Please give an overall site rating: ...

10 Best Wii Fitness Games

Sometimes tremors are bad enough to require treatment with beta-blockers, botox or even deep-brain electrostimulation, but usually dealing with a tremor is more of an exercise in self-directed ...

A Hacker's Guide To Getting Old

The most compelling SmartGlass feature is the Xbox Video Guide ... the older Wii, which was the original get-up-off-the-couch game console. The Wii Fit, which lets you exercise using the Wii ...

Video-game console buying guide

Plus, it previously added Wii Fit

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Trainer to the roster, so there's a precedent for turning exercise instructors into fighters here. It's easy to see how the game's hero could get a move set ...

Who will get Super Smash Bros. Ultimate's last spot? 5 realistic options

8:49AM PDT - Giant screens flanking the main stage share a dozen plus shots of various demographics ... expansion and laps the field." It's Wii Fit which comes with a strange floor mat.

Engadget & Joystiq live from Nintendo's E3 2007 keynote

A Canadian woman who has lived in Sweden for over two years has shared the biggest culture shocks she has experienced in her

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adopted country, from the whopping 480 days of parental leave to the ...

Canadian woman living in Sweden reveals the biggest culture shocks she has experienced, from getting paid MORE on vacation days to being told Swedes 'only eat candy on Saturday'

We've included both styles of buds in our guide as some of the wired options often come with better sound quality. However, wired earbuds aren't as convenient as wireless buds, which let you ...

The Best Earbuds Under \$50 for Commutes, Travel and Workouts

The smell of a brand new notebook. Decorating your locker.

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Picking out a first day fit (and not just a top, thankyouverymuch!). There's something inherently exciting about heading back to school for a ...

How to Make This School Year Your Best One Yet

Every ISP has its own tiers, but you can use the speed ranges below to see where you fit in. Many people may pay for more speed ... 4K movies and taxing online games all at the same time. 300-Plus ...

Getting Better Internet Without Busting Your Budget

The quest and item locations are the same in Skyward Sword for Wii and Skyward Sword HD, but depending on your control setup,

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bomb tosses and some battles may be easier to complete in one version ...

The Legend of Zelda: Skyward Sword Wiki Guide

You get a 7-inch OLED screen, a better kickstand and speakers, plus 64GB of internal storage ... was first released back in 2014, thanks to its Wii U exclusivity. Fortunately, it's now one ...

Best Nintendo Switch games: the most essential Switch and Lite games right now

The GameCube era might not have been anywhere near as successful as certain other Nintendo generations, but it was home to a lot of fantastic exclusives. While you might not

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be able to play The ...

*Random: Team Xbox Has A Bit Of
A Soft Spot For Paper Mario On
GameCube*

Blast those quads, pump those glutes! It's a bit like Wii Fit was back in the day, although with a little more workout and a lot more game. If you're after a fun way to burn some calories while ...

*Where To Buy Ring Fit Adventure
For Nintendo Switch*

TOKYO — The indisputable reality of the U.S. men's basketball team is that it arrives at every Olympics with the best roster regardless of which stars decide to show up. Along with that has ...

Opinion: Danger and drama are

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very real for US men's basketball team at Tokyo Olympics

Plus, you can still grab a pair of ...
If the smartwatch life isn't for you, this might be a good fit because it does a good job marrying fitness tracking with handy smart features.

This week's best deals: \$100 off Apple's iPad Air and more

Plus, there's an all-new Switch ... that's popular because of circumstances. Ring Fit Adventure is a genuinely enjoyable spin on the fitness genre that makes clever use of its RPG components.

The best Nintendo Switch games for 2021

It allows you to effortlessly switch between playing on a TV and on a

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handheld device, combining the best parts of previous Nintendo consoles Wii and DS ... and Ring Fit Adventure (£314.99).

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